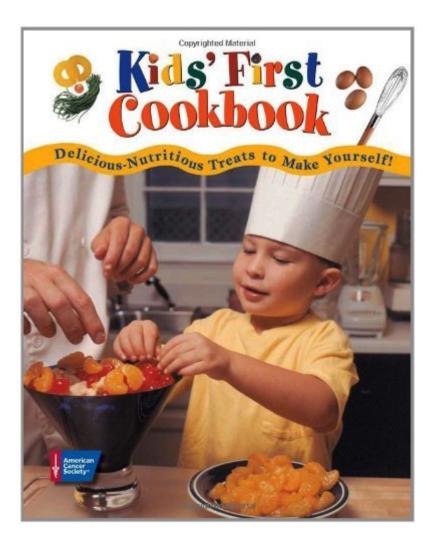
The book was found

# Kids' First Cookbook: Delicious-Nutritious Treats To Make Yourself!





## Synopsis

Inside this beautifully illustrated cookbook are activities, colorful recipes, and cooking tips that helps turn meal preparation into exciting family fun. From the simplest snacks and drinks to masterful meals, kids create their own masterpieces using step-by-step illustrations and learn to make healthy and wholesome food choices that will benefit them for a lifetime. In addition to the 53 recipes that list the number of servings, calories, and fat grams in each meal, the book includes instructions on how to read a food label, kitchen safety, and a guide to the food pyramid.

### **Book Information**

File Size: 5187 KB Print Length: 88 pages Publisher: American Cancer Society; 1 edition (April 1, 2012) Publication Date: April 1, 2012 Language: English ASIN: B00BE65GIA Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #616,520 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #27 in Kindle Store > Kindle eBooks > Children's eBooks > Growing Up & Facts of Life > Health > Diet & Nutrition #210 in Kindle Store > Kindle eBooks > Children's eBooks > Activities, Crafts & Games > Cooking #248 in Kindle Store > Kindle eBooks > Nonfiction > Children's Nonfiction > Science, Nature & How It Works > Health

#### **Customer Reviews**

I was looking for a simple cookbook for a four year old. Simple recipes that he could do under supervision and this fit the package. Pictures and simple language that he could understand. His parents were thrilled with the book and they too agreed that it was written for the younger child. Most of the other books I reviewed were written for older children that could read and had a little more dexterity.

Purchased this for my friends son who is six years old and loves helping his Mom cook, This book is

great for young children very easy to follow instructions and has many healthy recipes to choose from including healthy snacks.

Its a kids cookbook, I was expecting more 'fun' pictures, or pictures to show off the food that will the child will be preparing. My grand daughter looked at the book like it was for an adult and was totally uninterested in it. Recipes were okay, honestly, I was just disappointed. Would not have bought if I had seen it in a store and looked through it.

Kids First Cookbook: delicious nutritious treats to make yourself by Am. Cancer SocietyThis audio tape is amazing. so many different ideas to try to get the child that doesn't have much to choose from, to eat.drinks, meals and snacks and activities. Not only recipes-not all are real nutritious, but fun activities also.Tips and other suggestions are included. Calories and fat grams are included for each recipe.Love substitutions for butters and what temperature to bake things at so recipe won't fail.I received this book from National Library Service for my BARD (Braille Audio Reading Device).

My little boy loves to cook so I thought this would be a good cookbook to start with. He enjoys looking through here and finding something to cook. Most of the recipes are easy enough for him to walk through on his own with me supervising instead of doing most of the work. Great purchase!

Bought this for my 6 year old grandson he loves to cook along with a chefs hat. He is enjoying the reading as well as the cooking. Great guidelines on food.

This is kind of an outdated book. Everything is low fat and now we know that's not really what's healthy. Concept is good but we won't use it. The shipping charges to send it back wasn't worth it so we just tossed it.

My kids loving making the recipes. Cooking together was fun and helped instill a love of cooking for the whole family. I think this will carry over in the boys and girls.

#### Download to continue reading...

Kids' First Cookbook: Delicious-Nutritious Treats to Make Yourself! Jokes For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Baker's Secret Family Chocolate Treats Cookbook: 25 delicious, easy to cook, chocolate treats for the whole family to enjoy, including lots of bakers' secrets (Baker's Secrets Cookbooks) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick! Bread Machine Cookbook: 101 Delicious, Nutritious, Low Budget, Mouthwatering Bread Machine Cookbook: Best Bread Machine Bread Recipe Recipes for Perfect-Every-Time Bread-From Every Kind of Machine Gluten Free: Vegan Cookbook: Nutritious and Delicious, 100% Vegan + Gluten Free Recipes to Improve Your Health, Lose Weight, and Feel Amazing (Gluten Free Diet Cookbook, Gluten Intolerance Book 3) Kids' Treats: 50 Easy, Extra-Special Snacks to Make with Your Little Ones Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Jokes: Best Jokes For Kids: Laugh out loud fun jokes(Jokes, Funny Jokes, Jokes for kids, Best Jokes, Funny Book, Jokes free, Jokes for free, for kids, riddles, guiz ... for kids, best jokes, laugh out loud) Jokes for Kids: 400+ Funny Jokes for Kids: Funny and Hilarious Jokes for Kids - Funny Jokes - Kids Jokes - Jokes and Illustrations Gluten Free Cookbook for Busy People on a Budget: 50 Delicious 30-Minutes-or-Less Recipes for Weight Loss, Energy & Optimum Health (Nutritious ... for Healthier Living series) (Volume 1) Gluten Free Cookbook for Busy People on a Budget: 50 Delicious 30-Minutes-or-Less Recipes for Weight Loss, Energy & Optimum Health (Nutritious Gluten-Free Recipes for Healthier Living series 1) Rapid Weight loss Diet: 101. Delicious, Nutritious, Low Budget, Mouthwatering Rapid Weight loss Diet Cookbook Paleo: Paleo Slow Cooker Cookbook: Top 80 Paleo Recipes -Easy, Delicious and Nutritious Paleo Diet Cooking (FREE BONUS) (Paleo Crockpot, Paleo Baking, Whole Food) Guaranteed To Be Top 30 Nutritious, Delicious and Recommended Hungarian Main Dish Cookbook You'll Ever Eat The Ketogenic Diet Cookbook for Beginners: Nutritious and Delicious Low-Carb, High-Fat Recipes for Weight Loss and Cancer Prevention The Gastroparesis Cookbook: 102 Delicious, Nutritious Recipes for Gastroparesis Relief The Complete Holiday Treats Cookbook: Easy to make Goodies for Halloween, Thanksgiving, and Christmas Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb ) (Cookbook delicious recipes 1)

<u>Dmca</u>